

AVOMI FLIQ PODS

Consumer Medicine Information (CMI) summary

The [full CMI](#) on the next page has more details. If you are worried about using this medicine, speak to your doctor or pharmacist.

1. Why am I using AVOMI FLIQ PODS?

AVOMI FLIQ PODS contains the active ingredient nicotine (as benzoate). AVOMI FLIQ PODS is used to may assist in cutting down or quitting smoking and vaping by replicating the nicotine delivery of cigarettes and non-medical nicotine vapes, while preventing the harmful effects of combustion.

For more information, see Section [1. Why am I using AVOMI FLIQ PODS?](#) in the full CMI.

2. What should I know before I use AVOMI FLIQ PODS?

Do not use if you have ever had an allergic reaction to nicotine (as benzoate) or any of the ingredients listed at the end of the CMI.

Talk to your doctor or pharmacist if you have any other medical conditions, take any other medicines, or are pregnant or plan to become pregnant or are breastfeeding.

For more information, see Section [2. What should I know before I use AVOMI FLIQ PODS?](#) in the full CMI.

3. What if I am taking other medicines?

Some medicines may interfere with AVOMI FLIQ PODS and affect how it works.

A list of these medicines is in Section [3. What if I am taking other medicines?](#) in the full CMI.

4. How do I use AVOMI FLIQ PODS?

- Follow all directions given to you by your doctor or pharmacist when using the AVOMI FLIQ PODS/DEVICE. If you do not understand the directions, ask your doctor or pharmacist for help. It should be used as an alternative to smoking cigarettes or using a non-medical vape.
- AVOMI FLIQ PODS may assist with cutting down or quitting smoking cigarettes or using other non-medical nicotine vape products. AVOMI FLIQ PODS must be used with the AVOMI FLIQ 4-in-1 DEVICE.

More instructions can be found in Section [4. How do I use AVOMI FLIQ PODS?](#) in the full CMI.

5. What should I know while using [medicine name]?

Things you should do	Remind any doctor, dentist or pharmacist you visit that you are using a medical nicotine vaping products.
Things you should not do	- Do not use this medication if you are not dependent on nicotine. - Do not stop using this medicine suddenly or you may experience nicotine withdrawal symptoms.
Driving or using machines	Starting on a medical nicotine vape product may initially cause dizziness so care should be taken when driving or using heavy machinery.
Looking after your medicine	- Keep AVOMI FLIQ PODS in original packaging and store in a cool, dry place. - Keep out of reach of children.

For more information, see Section [5. What should I know while using AVOMI FLIQ PODS?](#) in the full CMI.

6. Are there any side effects?

You should not use any other forms of nicotine while undergoing treatment with AVOMI FLIQ PODS.

If used in combination with other nicotine products or excessively, you may suffer an overdose of nicotine.

If you experience an overdose that causes convulsions, breathing difficulty or low blood pressure you should immediately contact the Poisons Information Centre on 13 11 26, or contact your doctor or go to the Emergency Department at your nearest hospital.

For more information, including what to do if you have any side effects, see Section [6. Are there any side effects?](#) in the full CMI.

WARNING: This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. You can report side effects to your doctor, or directly at www.tga.gov.au/reporting-problems.

AVOMI FLIQ PODS

Active ingredient(s): *nicotine (as benzoate)*

Consumer Medicine Information (CMI)

This leaflet provides important information about using AVOMI FLIQ PODS. **You should also speak to your doctor or pharmacist if you would like further information or if you have any concerns or questions about using AVOMI FLIQ PODS.**

Where to find information in this leaflet:

- [1. Why am I using AVOMI FLIQ PODS?](#)
- [2. What should I know before I use AVOMI FLIQ PODS?](#)
- [3. What if I am taking other medicines?](#)
- [4. How do I use AVOMI FLIQ PODS?](#)
- [5. What should I know while using AVOMI FLIQ PODS?](#)
- [6. Are there any side effects?](#)
- [7. Product details](#)

1. Why am I using AVOMI FLIQ PODS?

AVOMI FLIQ PODS **contains the active ingredient nicotine (as benzoate).**

AVOMI FLIQ PODS are used as an aid to smoking cessation or for the management of nicotine dependence in adults.

AVOMI FLIQ PODS must be only used with the AVOMI 4-in-1 DEVICE.

2. What should I know before I use AVOMI FLIQ PODS?

Warnings

Do not swallow. Avoid contact with eyes and skin.

This product contains nicotine, which is a highly addictive substance.

Do not use AVOMI FLIQ PODS if:

- You are allergic to nicotine (as benzoate), or any of the ingredients listed at the end of this leaflet.

- Always check the ingredients to make sure you can use this medicine.
- You do not have nicotine dependence.

Check with your doctor or pharmacist if you:

- Have, or are at risk of having, heart disease.
- Have, or are at risk of having, diabetes. You should monitor your blood sugar levels more often when using AVOMI FLIQ PODS as you may need to adjust your insulin or other medication requirements.
- Have, or are at risk of having, epilepsy or are taking any medications to control seizures.
- Have an uncontrolled, overactive thyroid gland as nicotine may make your symptoms worse.
- Have been diagnosed with a tumour of the adrenal glands as nicotine may make your symptoms worse.
- Have any serious liver or kidney disease as you may be more prone to side effects.
- Have stomach or duodenal ulcers or an inflamed oesophagus as nicotine may make your symptoms worse.
- Take any medicines for any other condition.

During treatment, you may be at risk of developing certain side effects. It is important you understand these risks and how to monitor for them. See additional information under Section [6. Are there any side effects?](#)

Pregnancy and breastfeeding

Check with your doctor if you are pregnant or intend to become pregnant. Vaping during pregnancy can seriously harm the developing baby and should be stopped. During pregnancy nicotine passes to the baby and may result in poor growth, premature birth, or still-birth. Talk to your doctor if you are breastfeeding or intend to breastfeed. Vaping when breastfeeding means that nicotine can pass into breast milk that may affect the infant, even in small doses

What if I am taking other medicines?

Tell your doctor or pharmacist if you are taking any other medicines, including any medicines, vitamins or supplements that you buy without a prescription from your pharmacy, supermarket or health food shop.

Some medicines may interfere with AVOMI FLIQ PODS and affect how it works.

Check with your doctor or pharmacist if you are not sure about what medicines, vitamins or supplements you are taking and if these affect AVOMI FLIQ PODS.

3. How do I use AVOMI FLIQ PODS

How much to take / use

- Follow all directions given to you by your doctor or pharmacist.
- Follow the instructions provided with the medicine. If you do not understand the directions, ask your doctor or pharmacist for help.
- Do not exceed the recommended dosage given to you by your doctor or pharmacist.
- It should be used as an alternative to smoking cigarettes or using a non-medical vape.
- Do not give to children under 18 years of age without medical supervision

When to take / use AVOMI FLIQ PODS

- AVOMI FLIQ PODS should be used when you have the urge to smoke or vape, as directed by your doctor or pharmacist.

How to AVOMI FLIQ PODS into the AVOMI FLIQ 4-in-1 DEVICE

- Remove your AVOMI FLIQ PODS from blister pack.

Opening the device

- To open the AVOMI FLIQ 4-in-1 DEVICE, turn the top of the DEVICE counterclockwise.
- Pull the nozzle upwards to detach it from the device.
- With the flat surface of the pod facing upwards, and direction arrow on the pod facing downwards, insert the pod into the device.
- Press down on each pod to ensure they're securely installed.

Closing the device

- To close the device, align the central padlock bar on the top of the device with the central hole on the bottom of the lid and gently push it in.
- Turn it clockwise to lock the top securely. The padlock bar should align with the window.

How to use the AVOMI FLIQ 4-in-1 DEVICE

Switching Flavours

- The AVOMI 4 in 1 DEVICE is easy to use.
- Rotate the body of the device clockwise to switch between flavours.

- Align the arrow on the device body with a pod to view and select the flavour.

- The LED illuminates for 1 second when flavours are switched.

Battery and Charging

- Your device features a 950mAh rechargeable battery.
- Charge the device using a Type-C USB cable. Connect the cable to the device and plug the other end into a power source.

Understanding LED Battery indicator

- **Red LED:** Gradually brightens when the battery level is below 20%.
- **Yellow LED:** Gradually brightens when the battery is between 20-40% charged.
- **White LED:** Brightens when the battery is above 40%.
- **Flashing Red:** If the red light flashes 10 times, the device is out of power. Charge the device using a Type-C USB cable. Connect the cable to the device and plug the other end into a power source.

Usage Indicator

While Vaping: The LED will light up, indicating battery level by colour, and will dim once you finish vaping.

Switching Flavour: When changing flavours, the "circular" LED illuminates for 1 second and then dims, showing the current battery level via its corresponding colour.

Charging Indicator

- The LED will pulse during charging and will turn off when the battery is fully charged.
- Upon disconnecting the charger, the power indicator will flash three times.

Safety Feature

No Load Protection: If no vapour is produced when attempting to vape, the red LED will flash three times.

Child Safety Lock:

- The device is unlocked when unboxed.
- To lock/unlock the device, inhale 3 times.

Red LED = Locked

White LED = Unlocked

For more information on how to use the AVOMI FLIQ PODS and DEVICE please follow the link [AVOMI FLIQ User Manual](#) or go to avomivapes.com.au

If you use too much AVOMI FLIQ PODS

If you think that you have used too much AVOMI FLIQ PODS, you may need urgent medical attention. Signs of nicotine overdose include:

- Nausea
- Increased salivation
- Vomiting
- Abdominal pain
- Diarrhoea
- Sweating
- Headache
- Dizziness

At high doses you may also experience breathing difficulties, exhaustion, low blood pressure and convulsions

You should immediately:

- phone the Poisons Information Centre (by calling 13 11 26), or
- contact your doctor, or
- go to the Emergency Department at your nearest hospital.

You should do this even if there are no signs of discomfort or poisoning.

Do not give to children under 18 years of age without medical supervision.

4. What should I know while using AVOMI FLIQ PODS?

Things you should do

- **Use only as directed** — Use AVOMI FLIQ PODS only with compatible AVOMI devices and follow the instructions for use provided with your device. This helps ensure safe and effective delivery of nicotine for smoking cessation or nicotine dependence management.
- **Store safely** — Keep pods in a cool, dry place away from direct sunlight, children, and pets. Check the expiry date or recommended use period before use.
- **Handle with care** — Only insert pods into a compatible device. Avoid damaging pods, as leaks can occur. Replace pods when empty or as recommended.
- **Seek professional advice** — Talk to your doctor or healthcare professional regularly about your progress with quitting smoking or managing nicotine dependence. They can provide support and advice on whether to continue or adjust your use.

- **Monitor for side effects** — Be aware of common nicotine effects (e.g., nausea, dizziness, headache, throat irritation) and stop use and seek medical advice if they are severe or persistent.
- **Dispose responsibly** — Dispose of used pods and device components safely according to local regulations (e.g., recycling programs for batteries/electronics). Do not litter.

Remind any doctor, or pharmacist you visit that you are using AVOMI FLIQ PODS.

Things you should not do

- Do not use AVOMI FLIQ PODS if you do not have a dependence on nicotine.
- Do not use AVOMI FLIQ PODS if you are allergic to nicotine benzoate or any ingredients listed at the end of this information sheet.
- Do not give this medicine to anyone other than that named patient for whom it was prescribed.
- You should not use any other forms of nicotine while undergoing treatment with AVOMI FLIQ PODS. AVOMI FLIQ PODS are used to assist with stopping smoking/vaping by replacing cigarettes and non-medical nicotine vapes.

Driving or using machines

Be careful before you drive or use any machines or tools until you know how AVOMI FLIQ PODS affects you.

AVOMI FLIQ PODS may cause dizziness in some people [or insert relevant information, as appropriate].

Looking after your medicine

- Only use AVOMI FLIQ PODS with the AVOMI FLIQ 4-in-1 DEVICE.
- Keep AVOMI FLIQ PODS in the original packaging until needed.

Follow the instructions in the carton on how to take care of your medicine properly.

Store it in a cool dry place away from moisture, heat or sunlight; for example, do not store it:

- in the bathroom or near a sink, or
- in the car or on window sills.

Keep it where young children cannot reach it.

When to discard your medicine

Do not use this medicine after the expiry date indicated on the pack.

Do not use this medicine if the packaging or blister pack is damaged or shows signs of tampering in any way.

Getting rid of any unwanted medicine

If you no longer need to use this medicine or it is out of date, take it to any pharmacy for safe disposal.

Do not use this medicine after the expiry date.

5. Are there any side effects?

All medicines can have side effects. If you do experience any side effects, most of them are minor and temporary. However, some side effects may need medical attention.

Stopping smoking and starting medical vaping can cause dizziness, headache and difficulty sleeping.

Withdrawing from cigarette smoking/non-medical nicotine vaping may cause depressed mood, difficulty concentrating, and irritability.

See the information below and, if you need to, ask your doctor or pharmacist if you have any further questions about side effects.

Less serious/common side effects

Less serious side effects	What to do
• Initiation cough: it is not unusual to cough when first starting treatment with AVOMI FLIQ PODS. This should resolve with continued use. • Constipation • Diarrhoea • Dizziness • Dry mouth • Headache • Increased sweating • Indigestion • Nausea • Nervousness • Sleep disturbances • Shortness of breath • Stomach upsets • Sore throat • Tremors • Vomiting	Speak to your doctor or pharmacist if you have any of these less serious side effects and they worry you. [Insert appropriate action]

Serious/rare side effects

Serious side effects	What to do
• Swelling of the face, lips, tongue, gums, throat, or body may be an allergic reaction to AVOMI FLIQ PODS • Irregular or increased heartbeat	Call your doctor straight away, or go straight to the Emergency Department at your nearest

hospital if you notice any of these serious side effects.

Tell your doctor or pharmacist if you notice anything else that may be making you feel unwell.

Other side effects not listed here may occur in some people.

Reporting side effects

After you have received medical advice for any side effects you experience, you can report side effects to the Therapeutic Goods Administration online at www.tga.gov.au/reporting-problems. By reporting side effects, you can help provide more information on the safety of this medicine.

Always make sure you speak to your doctor or pharmacist before you decide to stop taking any of your medicines.

6. Product details

This medicine is available over-the-counter without a doctor's prescription.

What AVOMI FLIQ PODS contain

Active ingredient (main ingredient)	Nicotine (as benzoate) 20 mg/mL
Other ingredients (inactive ingredients)	Vegetable Glycerol, Propylene Glycol, flavouring

Do not take this medicine if you are allergic to any of these ingredients.

What AVOMI FLIQ PODS looks like

AVOMI FLIQ PODS are available in 1 strength:

- Nicotine 20 mg/mL

AVOMI FLIQ PODS are available in 3 flavours:

- Tobacco
- Menthol
- Mint

AVOMI FLIQ PODS are available in a box containing 2 x 2mL pods. They are also available in the AVOMI FLIQ STARTER PACK.

Who distributes AVOMI FLIQ PODS

CC Supplies Pty Ltd
ABN: 51 166 955 602
25/1 Porter Street
Byron Bay NSW 2481

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